



AORA

8th National Conference of The Academy of Regional Anaesthesia of India

Date: 10th - 12th August 2018

Venue : AL SAJ Convention Centre, Thiruvananthapuram, Kerala

Day – 1 (Friday, 10th August 2018)

Time	PLENARY LECTURES	Faculty
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VENUE : THE MILKY WAY HALL

08:00 – 08:05 am	Opening Remarks and Introduction	
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08:10 – 08:30 am	Myth busters: Dispelling dogma in regional anaesthesia (20 mins)	Dr Jeff Gadsden
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08:30 – 08:50 am	Newer perspectives on the adductor canal block. (20 mins)	Dr Sanjay Sinha
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08:50 – 09:10 am	CT Imaging of blocks. Where does the LA spread? (20 mins)	Dr Philippe Gautier
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09:10 – 09:30 am	Loss of resistance blocks - Do they still exist? (20 mins)	Dr TVS Gopal
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09:30 – 09:45 am	COFFEE BREAK	
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VENUE : THE MILKY WAY HALL

VENUE : THE GRAVITY HALL

Time	Topics	Faculty	Topics	Faculty
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REGIONAL ANAESTHESIA & OBSTETRICS

BLOCKS IN KIDS & MORE

MODERATORS: Dr Philippe Gautier, Dr Subrahmanyam M

MODERATORS: Dr Surajit Giri, Dr Somita Christopher

09.45 am – 10.45 am

The changing trends of spinal anaesthesia in obstetrics over the past 25 years (15 mins)	Dr Raveendran G L
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Guidelines for paediatric regional anaesthesia (15 mins)	Dr Nandini Dave
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Has neuraxial anaesthesia decreased morbidity and mortality in obstetrics? (15 mins)	Dr Anjolie Chhabra
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Handy blocks in paediatrics – Practical tips (15 mins)	Dr Dilip Chavan Dr Ram Kumar Mirle
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Epidural Vs TAP Block for obstetric analgesia. What does the parturient prefer?(15 mins)	Dr Rupinder
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Avoiding complications in regional anaesthesia (15 mins)	Dr Vrushali Ponde
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Near misses in obstetric anaesthesia and analgesia(15 mins)	Dr Sunil Pandya
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Stellate Ganglion Block to relieve Vasospasm after Intracranial Aneurysm Surgery (15 mins)	Dr H H Dash
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THE STIMULUS : DEBATE

NEWER CATHETER TECHNIQUES

MODERATORS: Dr Vrushali Ponde, Dr Arya V

MODERATORS: Dr Himjyoti Das, Dr Hetal Vadera

10.50am – 11.25am

Are trainees losing clinical skills in landmark approach nerve blocks after the introduction of ultrasound in India?	
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Continuous parasternal block in sternal fractures (15mins)	Dr Sandeep Diwan
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For the motion(10mins)	Dr Balavenkatasubramanian
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The fate of quadratuslumborum catheters(15mins)	Dr Medha Kulkarni
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Against the motion(10mins)	Dr TVS Gopal
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11.30am- 12.00pm	REGIONAL ANAESTHESIA IN THE ELDERLY		CONTROVERSIAL TOPICS	
	MODERATORS: Dr Jeff Gadsden, Dr Sunil Pandya		MODERATORS : Dr Sivashanmugam, Dr Ritesh Roy, Dr Anjolie Chhabra	
	Avoiding post spinal hypotension in the elderly(15mins)	Dr Arya V	Regional anaesthesia in anti coagulated patients (15mins)	Dr Sudhakar Koppad
	Regional anaesthesia and Post Operative Cognitive Dysfunction in the elderly (15mins)	Dr Surendranath	Regional anaesthesia in anaesthetized patients (15mins)	Dr Vaibhavi Upadhye
12.10 am -12.40pm	KEY NOTE LECTURES		KEY NOTE	
	MODERATORS: Dr Sanjay Sinha, Dr K Sriprakash		MODERATORS: Dr Ashit Mehta, Dr A Kamala Devi	
	Creating a trouble free postoperative stay (15mins)	Dr Amjad Maniar	Has the supraclavicular Block retained its supremacy?(15mins)	Dr Balavenkatasubramanian
	The Thoracic Paravertebral Block – Challenges (15mins)	Dr Phillipe Gautier	Pain Relief for lower extremity tumor surgeries(15mins)	Dr Dilip Shende
12.45 pm – 13.15 pm	SHORT COMMUNICATIONS		SHORT COMMUNICATIONS	
	MODERATORS: Dr Javed Khan, Dr Chaithannya		MODERATORS: Dr Sunil Pandya, Dr Arunangshu Chakraborty	
	Apnea after an interscalene block (10mins)	Dr Medha Kulkarni	Sudden respiratory paralysis after an epidural top up(10mins)	Dr Satish Kulkarni
	Negotiating the difficult epidural space (10mins)	Dr Raveendran G L	Persistent backache after a spinal anaesthetic (10mins)	Dr K Sriprakash
	Pneumothorax after a supraclavicular block (10mins)	Dr Ashit Mehta	Prolonged motor block after a PNS guided nerve block(10mins)	Dr Philippe Gautier
11.30am – 01.00pm	E-POSTERS SESSION Judges: Drs Nicholas Scott; Lakshmi Kumar; Nandini Dave; Umesh Gopannavar			VENUE : MOON BEAM HALL
13.15 pm – 14.00 pm	LUNCH			
14.00pm-14.45pm	DR RAVINDRA BHAT ORATION			VENUE : THE MILKY WAY HALL
14.00pm – 14.05pm	Introduction of Dr Philippe Macaire			Dr Sandeep Diwan
14.05pm – 14.35pm	Overview of interfascial plane blocks : Sonoanatomy and Expanding Indications			Dr Philippe Macaire
14.35pm – 14.45pm	Felicitation of Dr Philippe Macaire			National Executive & Local Organisers
14.50pm – 15.30pm	PROBLEM BASED PANEL DISCUSSION		FAILURES AND CHALLENGES	
	MODERATOR: Dr Sandeep Diwan		MODERATOR: Dr Rupinder, Dr Shailesh M	
	<u>Clinical Challenges</u> Ankylosingspondylosis Proximal humerus fractures Hip fractures Hypokinetic hearts	Dr Deep Arora Dr Philippe Gautier Dr Jeff Gadsden Dr Philippe Macaire Dr Arya V	Block Failure : Consequences and management (15mins)	Dr Balavenkatasubramanian
			Low volumes of LA with USGRA - Evidence? (15mins)	Dr Subrahmanyam M
Challenges in incorporating a regional anaesthesia program into current practice (10mins)			Dr Amit Dixit	
15:30 pm – 15.45 pm	COFFEE BREAK			
15.45 pm- 16.35 pm	‘HOW I DO IT’		‘HOW I DO IT’	
	MODERATOR: Dr Ashit Mehta, Dr Philippe Macaire		MODERATOR: Dr Philippe Gautier, Dr Sajeesh	
	Performing a perfect interscalene block with PNS (10mins)	Dr Javed Khan	Forearm blocks with PNS : Are they really rescue blocks ? (10mins)	Dr Surajit Giri
	Ultrasound guided popliteal block :Inplane or out of plane? (10mins)	Dr A Kamala Devi	Ultrasound guided caudal block in adults (10mins)	Dr Davies
	PNS guided Sciaticblock : Does the approach matter?(10mins)	Dr Shailesh M	Alternative techniques for postoperative analgesia after breast surgery (10mins)	Dr Hetal Vadera

	The role of Serratus Anterior Plane block in rib fractures(10mins)	Dr Azam D	Beyond Nerve Blocks : Ultrasound of the brain and orbit(10mins)	Dr Jithendra
	Ultrasound FAST in clinical practice (10mins)	Dr Umesh G	Ultrasound guided lumbar plexus block(10mins)	Dr Anzar Shoukkathali
16.45 pm – 17.45 pm	INAUGURAL SESSION			
16.45pm – 16.50pm	Address By The Chairman	Dr Balavenkatasubramanian		
16.50pm – 16.55pm	Speech By The President	Dr TVS Gopal		
16.55pm – 17.00pm	Introduction to Asian & Oceanic Society of Regional Anaesthesia & Pain Medicine (AOSRA-PM)	Dr H H Dash		
17.00pm – 17.05pm	Update by the Secretary	Dr Vrushali Ponde		
17.05pm – 17.10pm	Acknowledgements & Vote of Thanks	Dr Sajeesh Gopalan		
17.10pm – 17.40pm	Address by Chief Guest	HH Aswathi Tirunal Gowri Lakshmi Bayi		
17.40pm – 17.45pm	Felicitatation of Chief Guest	Local Organising Committee		